

## Resources to Support with Bereavement

There are many different types of resources, reflecting the reality that no two children (or adults, of course) react to a bereavement in the same way. Offering, but not insisting on, opportunities to talk through memories and feelings will certainly be part of our response to a child who has experienced the death of someone close to them.

Experience shows, though, that the time scale around this for children might be significantly different to the way adults tend to grieve.

As children reach new ages and stages of development, they might need to grieve afresh for the person they have lost.

### Useful Websites

Child Bereavement UK

<https://childbereavementuk.org/>

- School Information Pack: <https://childbereavementuk.org/wp-content/uploads/2018/09/Schools-Information-Pack-Web-Complete-Download.pdf>
- Managing a Sudden Death in the School Community: <http://bereavement.lgfl.org.uk/default.html>

Winston's Wish

<https://www.winstonswish.org/>

- Charter for Bereaved Children - <https://www.winstonswish.org/wp-content/uploads/2018/01/ww-0107-CBC-lo.pdf>
- Positive Responses to Death: A Strategy for Schools - <https://www.winstonswish.org/wp-content/uploads/2018/01/ww-0153-strat-for-schools-hi.pdf>
- School Information Pack - <https://www.winstonswish.org/wp-content/uploads/2018/01/ww-0163-schools-info-pack.pdf>
- Making a Memory Box - <https://www.winstonswish.org/wp-content/uploads/2018/01/ww-0114-MAMB-lo.pdf>

Cruse Bereavement Care

<https://www.cruse.org.uk/>

- [Death of a Pupil](#)
- [Returning to schools \(after a bereavement\)](#)
- [Supporting pupils following violent deaths](#)
- [Death of a staff member](#)
- [Supporting pupils bereaved by suicide](#)
- [Dealing with crisis at school](#)
- [Recognising the impact of bereavement on a child](#)
- [Recognising changes in behaviours](#)

### Church of England – Going for Growth

<http://www.going4growth.com/home>

There are a numerous helpful resources on this page of their website that are free to use

[http://www.going4growth.com/growth\\_in\\_skills\\_and\\_knowledge/pastoral-care/bereavement\\_resources](http://www.going4growth.com/growth_in_skills_and_knowledge/pastoral-care/bereavement_resources)

### Care for the Family

<https://www.careforthefamily.org.uk/Family+life/bereavement-support>

A range of resources and courses for bereaved including bereaved sibling support and bereaved parent support days and weekends.

### Grief Encounter

<https://www.griefencounter.org.uk/>

- Grief Guide for Teenagers - <http://www.griefencounter.org.uk/wp-content/uploads/2015/09/12583-Teenagers-Guide.pdf>

### The Laura Centre

<http://thelauracentre.org.uk/>

A Leicestershire based charity offering counselling services and other resources.

- The Needs of a Bereaved Child - <http://thelauracentre.org.uk/wp-content/themes/the-laura-centre/downloads/younger-children-needs.pdf>
- The Needs of Bereaved Teenagers - <http://thelauracentre.org.uk/wp-content/themes/the-laura-centre/downloads/teenagers-needs.pdf>

### Dying Matters

<https://www.dyingmatters.org/>

- Talking to Children about Dying Leaflet - [https://www.dyingmatters.org/sites/default/files/user/images/Resources/Promo%20materials/Leaflet\\_8\\_Web.pdf](https://www.dyingmatters.org/sites/default/files/user/images/Resources/Promo%20materials/Leaflet_8_Web.pdf)

### MacMillan Cancer Support

<https://www.macmillan.org.uk/>

- Bereavement at School - <https://www.macmillan.org.uk/information-and-support/resources-and-publications/information-for-teachers-and-schools/advice/bereavement.html>

### Mentally Healthy Schools

<https://www.mentallyhealthyschools.org.uk/mental-health-needs/bereavement-and-loss/#>

Some useful information on the website about bereavement – top tips etc.

### Minded for Families

[https://mindedforfamilies.org.uk/Content/death\\_and\\_loss\\_including\\_pets/#/id/59e0fc81ab5c1b176f1e29a0](https://mindedforfamilies.org.uk/Content/death_and_loss_including_pets/#/id/59e0fc81ab5c1b176f1e29a0)

Some useful information on the website about bereavement – with Q&A and videos.

[St Edmundsbury and Ipswich Diocesan Board of Education](#) Lots of very useful supportive information

## Useful Books

1. [Counselling Children, a Practical Introduction](#), Kathryn Geldard & David Geldard
2. [Exploring: The Journey of Life and Death](#), Joyce Mackley (RE Today Publication)
3. [Jesus Still Loves Joe](#) (about a child whose sister has died), Victoria Beech
4. [Love you Forever](#), Robert Munsch
5. [Remembering](#), Dianne Leutner
6. [Saying Goodbye to Greg: Understanding Bereavement at FS, KS1 & KS2](#), Christine Chapman
7. [Sunshine & Shadows, reflections of a MacMillan Nurse](#), Clare Fitzgibbon
8. [Talking with Children and Young People about Death & Dying](#), Mary Turner
9. [The Path Not Chosen: Beginning the Journey of Loss & Bereavement, Wendy Bray](#) (Published by [www.CWR.org.uk](http://www.CWR.org.uk) )
10. [The Sky Goes on Forever, a book about death for children](#), Molly MacGregor
11. [Thinking of Heaven: Prayers for Sad Goodbyes](#), Sophie Piper
12. [Water Bugs & Dragonflies: Explaining death to children](#), Doris Stickney
13. [When Something Terrible Happens](#), Marge Heegaard
14. [Where did Grandad go?](#) Catherine House & Honor Ayres
15. [Where's My Mum Now? Children's perspectives on helps and hindrances to their grief](#), Brian Cranwell
16. [Will I Live Forever](#), Carolyn Nystrom